



MARCH 2019

Village Office Hours

Tuesday & Wednesday 8:30 AM - 4:00 PM

{P} 780-889-3774 {F} 780-889-2280

128 Main St. Box 60 Heisler, AB T0B 2A0

Email: administration@villageofheisler.ca

The Village Office has a 24 hour mail drop box for your convenience.

PLEASE – NO CASH in the drop box. Thank you!

Public Works Foreman {P} 306-421-4168



April
Newsletter Deadline
March 25, 2019

Roman Catholic Family

of



Daysland, Heisler, Killam & Parishes



- ◆ Daysland-Our Lady of the Prairies Church
- ◆ Heisler-St. Martin Church
- ◆ Killam-St. Joseph Church

Sep 1, 2018 - Mar 3, 2019

WEEKEND MASS TIMES

St. Martin • Heisler • Saturday @ 7pm

OLP • Daysland • Sunday @ 9am

St. Joseph • Killam • Sunday @ 11am



Everyone's Irish
On March 17th.

Heisler Security Group

We have started a Heisler Security Group and can still accept more Members.

There is ABSOLUTELY NO COST involved to join!

- What will it do?**
- Keep us safer
 - Lower theft
 - Lets us sleep
 - Controlled by us
 - Can be turned on or off anytime

You will need a working Cell Phone with "WHATSAPP" installed to join.

For more Information, call Sven or come for a coffee at the Shop.

Sven Bernard
Tel: 780-881-5678

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Something for Residents with a German Heritage!

Since the days are getting shorter, and we are spending more time inside, here is a nice Poem for our Residents with German Heritage.

Some of you might have learned some German in your childhood.

März

Es ist ein Schnee gefallen,	Der Sonnenblick betrüget	Sollt ich mich einzeln freuen,
Denn es ist noch nicht Zeit,	Mit mildem, falschem Schein,	Wenn auch der Frühling nah?
Dass von den Blümlein allen,	Die Schwalbe selber lüget,	Doch kommen wir zu zweien,
Dass von den Blümlein allen	Die Schwalbe selber lüget,	Doch kommen wir zu zweien,

Johann Wolfgang von Goethe (1817)



**These are some of the resolutions passed at the
February 7, 2019 Regular Council Meeting:**

- To approve Bylaw #517-19 the Fees and Charges Bylaw.
- To advise CAO to sign presented Xerox 5 year Lease Agreement for new printer.
- To advise CAO to call for a special council meeting to discuss purchase for new backhoe (\$60,000.00 Grant approved), as soon as good offers are received.
- To advise CAO to look into options for repair of sidewalk in front of post office and to get 3 quotes per foot for project.
- To advise CAO to look into options for repair of sidewalk at 120 Main Street and to get 3 quotes per foot for project.
- To accept the FIP-Community Consultations Summary Report for the Single-Tier Governance Survey as information.
- To follow the recommendation of New West Opportunities with the non-binding negotiation stage of the project as requested by taxpayers.
- To provide a letter of support for the FIP ACP grant in the amount of \$75,000.00 for the next phase of the Regional Governance Project.
- To approve the presented 2019 Annual AUMA Insurance Renewal.
- To approve the FIP 2019 Operational Budget.
- To sign new one year employment contract with CAO Heidi Rohe.

**Date for next regular Council Meeting
March 14, 2019@ 7:00 p.m.**

**All meetings are open to the public & citizens are
encouraged to attend**

If you have a concern that you would like addressed by council and wish to make a presentation, please contact the village office at least one week prior to the meeting to fill out a delegation form.

***Our Website:* www.villageofheisler.ca**

Contacts for Emergencies & Non-Emergencies

ANY emergency	911
Heisler Fire Department	911
Killam RCMP (non-emergency)	780-385-3502
Heisler Public Works (non-emergency)	780-889-2263
Heisler Public Works (emergency only)	306-421-4168
Ankerton Gas (24 hours a day)	780-373-3773
ATCO Electric (Residential Outages)	1-800-668-5506





Hospice Society
OF CAMROSE AND DISTRICT



In Partnership with FIRST and FFCS

Volunteer Training Weekend

Every year the Hospice Society of Camrose & District offers a training program that is open to the public. You are welcome to participate, whether you choose to become a volunteer or not, first seats are reserved for those intending to complete volunteer registration.

The purpose of this training is to prepare you for service as a care volunteer: ▪ to individuals in their home with a chronic disease ▪ to those in long-term-care or hospitals who have a palliative diagnosis ▪ to those who are actively dying ▪ to those who are grieving.

Those choosing to become registered volunteers will be interviewed, asked to supply references, and to provide a criminal record check. Training occurs via online modules, several evening classes through the year, and one full weekend. Noon meals are provided Saturday and Sunday of the weekend training.



Upcoming Dates:

Sedgewick: March 29-31

**Location: Flagstaff County Office
(12435 TWP RD 442, Sedgewick)**

- **Fri Evening: 6:30-9:00 pm**
- **Sat & Sun: 9:00 am – 4:00 pm**

Topics Covered in Training:

- History of Hospice and the Modern Hospice Movement
- Role of the Volunteer
- Intro to Palliative/end-of-life Care; the Value of Silence
- Effective Communication
- Family Dynamics
- Emotional & Spiritual Support: A vision for holistic care
- Companionship the Bereaved
- Physical Care of the Dying and Comfort Care
- Grief & Bereavement
- Self Care: Grace and compassion for self and others
- Policies and Ethics
- Nav-CARE (Navigation, Connecting, Accessing, Resourcing, Engaging)

Cost: This Program is Offered Free of Charge to Participants

To Register, or for More Information:

Call 587.322.9269 or email hospicevols@hotmail.com
Register online at www.camrosehospice.org/volunteer

Notice to Heisler Utility Customers

Water, Sewer and Garbage Rates are changing starting January 1, 2019

The detailed tables below display the rates changes;
the rates reflect the current costs of providing the services.

Please contact the village office for more information, or view the Fees and Charges Bylaw on our website at

www.villageofheisler.ca

Total Bi-Monthly Water/Sewer/Garbage Service Charges *after* Rate Adjustments (includes 18m3 water per month)

	New Total Rates	Previous Total Rates
Residential Accts:	\$ 153.74	\$ 148.10
Commercial Accts:	\$ 200.18	\$ 198.10
Infra Residential Accts:	\$ 97.20	\$ 93.12
Infra Commercial Accts:	\$ 125.22	\$ 123.12
Com Bin Rental/Service Accts:	\$ 173.96	\$ 172.81

Water Service Charges	New Monthly Rates	Previous Monthly Rates	Additional cubic meters
Residential Properties	\$ 38.00 for 18 cubic meters	\$ 37.21 for 18 cubic meters	\$ 2.00
Infrastructure fee for all CLOSED Residential water accts	\$ 18.61	\$ 18.61	
Commercial Properties	\$ 47.21 for 18 cubic meters	\$ 47.21 for 18 cubic meters	\$ 2.00
Infrastructure fee for all CLOSED Commercial water accts	\$ 23.61	\$ 23.61	
Heisler Cozy Corner	\$37.21 per occupied suite, plus \$55.82 for the general area.	\$37.21 per occupied suite, plus \$55.82 for the general area.	\$ 2.00



Sewer Service Charges	New Monthly Rates	Previous Monthly Rates
Residential Properties	\$ 17.77	\$ 17.77
Infrastructure fee for all CLOSED Residential sewer accts	\$ 8.89	\$ 8.89
Commercial Properties	\$ 27.77	\$ 27.77
Infrastructure fee for all CLOSED Commercial sewer accts	\$ 13.89	\$ 13.89
Heisler Cozy Corner	\$17.77 per occupied suite, plus \$26.66 for the general area.	\$17.77 per occupied suite, plus \$26.66 for the general area.



Waste Collection & Disposal Charges	New Monthly Rates	Previous Monthly Rates
Residential Properties	\$ 21.10	\$ 19.07
Commercial Properties	\$ 25.11	\$ 24.07
Heisler Cozy Corner	\$ 76.28	\$ 76.28
Res/Com/Ind/Single Lot	\$ 21.57	\$ 21.57

Waste Disposal Charges	New Monthly Rates	Previous Monthly Rates
Commercial Bin Rental/Service Accounts *	\$ 12.00	\$ 11.43



Find us on Facebook. We are The Heisler Public Library.

Please 'like' & 'share' our page. Recommend any books you have read. Post your favorites.

The Heisler library is a proud member of the Parkland Regional Library system, a cooperative of 50 public libraries across central Alberta. With your library membership, you are a member of 50 other unique libraries and have access to their services. You can also join other Alberta library systems:

Alberta Wide Borrowing (ME Libraries)

Library members can register with non-Parkland public libraries across the province to easily borrow physical items (not eContent) using their Parkland Regional Library card.

Borrowed materials can be returned to any public library, too. All this free!

Thank you to the generous person who donated several puzzles to our library. They flew off the shelf almost as fast as some books do.

SUPPORT
FREEDOM TO READ

CELEBRATE FREEDOM TO READ WEEK!

February 24-March 2, 2019

The Heisler library board is looking for someone interested in joining the board. Meetings are every 3 months in the library. This is a good way to get to know other local residents from within the village and outside of Heisler. Come into the library on Wednesdays or talk with any of our present board members....Lorie Zimmer (chair) Val Volk, Bernice Dale, Nadine Massong, Kelly Williams, Janice Badry, or Moyra Heisler. The village liaison is Bonnie Woods. Thank you to Deb Fell who was a member for a few years.

Thank you !

Deb Fell who was a member or a few years

&

Ruth Burke for helping Dixie reshelv all adult fiction books in the library.



Parkland Regional Library System will transition to a new library catalogue the week of March 7 - 13.

We are excited for our new system but regret that we will have some limited services during the transition. To prepare, some library services will be limited during this time. Here's what to expect during the transition:

Limited services during March 7 - 13. You will be able to:

- **Check out library material** available on our shelves.
- **Check out digital items** (eBooks, eAudiobooks, and eMagazines) as well as other **eLibrary resources** such as Press Display, Consumer Reports, Ancestry.com, Pronunciator and other tools.
- **Use Library public computers** including printers, and free wireless access.

The following limitations will be in effect March 7 - 13:

- **The library catalogue will not be available.**
- **No items will be checked IN.** Keep your items a week longer! During this period, no items will be due and no overdue fines will be charged.
- **No holds can be placed** on library materials. Holds already waiting for you won't expire.
- **Requesting items using TAL Online will not be available.**

In preparation for the transition, we suggest the following proactive steps:

- Lists that you have created in the online catalogue (*My Lists*) cannot be transferred. **If you want to keep those lists, download them before March 7.**
- **Register for ME Libraries** before March 7 so that you are able to use your library card at non-Parkland public libraries.

We will keep you informed via the library website, online catalogue, and social media. Thank you for your support and patience during this important project. If you have any questions, stop by and talk with our staff or give us a call.

JOIN THE HEISLER VOLUNTEER FIRE DEPARTMENT!

If you are 18 years of age, and would like
to be a Volunteer firefighter



Please call: Fire Chief **Joe Martz** -780-889-3780

or

Deputy Fire Chief **Mickey Heisler** - 780-889-2189



The Heisler Fire Department is always recruiting for more Volunteer Firefighters Meetings are once a month-County Residents

HEISLER VOLUNTEER FIRE DEPARTMENT 2019 TRAINING SCHEDULE Training Start Time – 7:30 PM Sharp (Please Be On Time)

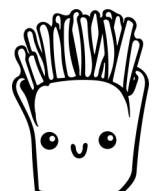
- Mar. 19 – Ropes and Knots & Low Angle Rope Rescue Rigging
- Apr. 16 – Wildland Firefighting
- May 14 – Truck Preparation & Pump Ops Familiarization
- May 28 – Practical Training Scenario (Pump Operations)
- Jun. 11 – Practical Training Scenario (Low Angle Rope Rescue Field Exercise)
- Jun. 25 – Practical Training Scenario (Pump Operations)
- Jul. 23 – Practical Training Scenario (Pump Operations)
- Aug. 20 – Practical Training Scenario (Pump Operations)
- Sep. 17 – Practical Training Scenario (Vehicle Fires)
- Oct. 9 – Fire Prevention Week
- Oct. 29 – STARS Landing Zone Set Up – MVC Traffic Control Safety
- Nov. 25 – Communications and Rural Addressing
- Dec. 9 – Christmas Social and Presentation



Big Willy's Bar
— AT THE HEISLER HOTEL —
PRESENTS

Wing Night

EVERY TUESDAY
5-9pm
75¢ wings (9 or 18 wing portions)
Eat-In Only - No Takeout - GST not included

HEISLER SPRING MARKET

MAY 5, 2019

10:00am-2:00pm

Lunch Available

Town Wide Garage Sale

Door Prizes

Vendors call or text

403-318-6634

countryshadow@hotmail.com

Residents are invited to join the Garage Sale!



Palace Theatre Daysland **Mary Poppins Returns**

Playing as of Friday

Fri (Mar 1) 7:30

Sat (Mar 2) 7:30

Sun (Mar 3) 2:00



You are invited to attend the
11th Red Serge Ball

Saturday, March 23 at the
Killam Community Hall

Cocktails at 5:30 p.m.

Supper at 6:30 p.m.

Live and Silent Auctions followed
by a dance featuring

DJ "Denim & Diamonds"

Tickets \$50

Table of 8 - \$400

Tickets available at the RCMP
Detachment in Killam, or by calling

Lindsey at 780-385-4799, or

Cheryl at 780-385-1566

*Only 250 tickets available

Proceeds to Flagstaff Victim Services,
Participating Flagstaff Libraries, and the
Building Blocks Program




safeTALK
Suicide Alertness
for Everyone

A half-day workshop to learn the signs and how to get help for someone at risk of suicide.

Learning objectives:

- Move beyond common tendencies to miss, dismiss, or avoid suicide
- Identify people who have thoughts of suicide
- Apply the TALK steps (Tell, Ask, Listen, and KeepSafe) to connect a person with thoughts of suicide to suicide first aid intervention caregivers

Monday April 15,
2019: Brought to you by
FIRST and Soul Sisters
Memorial Foundation

5:30 pm – 9 pm supper is provided
by FIRST—catered by The
Wooden Spoon

Flagstaff County Building: Sterling Room
12435 Township Road 442
Free: donations accepted to FIRST or Soul
Sisters Memorial Foundation
Registration required by Monday March
25th, 2019 only open to the first 30
registered
Contact: Sue Freadrich
780-385-3976 or fcs@telus.net



Centre for Suicide Prevention
T. 403.245.9900
cspp@suicideinfo.ca

suicideinfo.ca
#suicideinfo

The Heisler Ag Society is currently accepting applications for the 2019 Recreation Grant.

Applicants should submit a detailed budget and timeline, of how and when the money will be spent. Your financial statement would assist us in our decision making. Follow up information will be requested upon completion of each project.

Application deadline is March 15, 2019

Applications can be sent to:

The Heisler Ag Society
Box 156
Heisler, AB
T0B 2A0
Attention: Recreation Grant

Balance and Mobility Spring 2019 Program Offering

PROGRAM SYNOPSIS

Balance and Mobility is an 8-week-long falls prevention program which is offered in Flagstaff County. The program combines 2 different information delivery methods: in-person (3) and Telehealth (5).

The in-person supervised exercise classes will be offered at 3 different sites (see below). The exercise classes work to enhance participants' lower extremity strength, balance, kinesthetic awareness and vestibular acuity. Facilitated discussions led during the supervised exercise sessions include: *Exercise and Falls Prevention, Introduction to Nordic Pole Walking, Making a Falls Plan and Learning How to Fall.*

The 5 Telehealth-facilitated sessions are offered in the same 3 communities, and are geared towards providing a multifactorial approach to falls prevention. Topics of discussion include: *Exercise and Osteoporosis, Sleep Hygiene, Nutrition and Falls Prevention, Understanding Vertigo, Vision and Falls Prevention, Understanding your Medications, Action Planning and S.M.A.R.T. Goal Setting, Making your Home Falls-Proof, Perfecting your Posture and Choosing Proper Footwear.*

****All interested participants must complete a mandatory one-hour program intake assessment with a Kinesiologist prior to participation ****

REGISTRATION

Program registration is free of charge. Participants can self-refer or be referred by a healthcare provider. All interested persons must phone the Daysland CRP office at (780) 374 3815 to register. Health care providers may also fax a referral form to the Daysland CRP office at (780) 374 3852. There is a program cap of 32 participants, with 8 participants maximum per class.

ASSESSMENT DATES

Program assessments will be offered at:

KILLAM MENTAL HEALTH CENTRE (5203 49 AVE):	Thursday February 21
HARDISTY HEALTH CENTRE (4531 47 AVE):	Friday March 1 OR Tuesday March 5
DAYSLAND PROVIDENCE PLACE (6120 51 AVE):	Wednesday March 6

What do you think about Square Dance?

I know, I know...! You cannot dance! Square Dance is for old people! You had to learn it in school and you hated it! Or you never learned it!

But if I tell you...

- It is actually more walking, than dancing!
- It is an activity for people of all ages!
- I promise it can be so much fun!
- Everybody can learn it (even me)!



I am looking for people of all ages, who would be interested in forming a Square Dance Group, or maybe somebody who used to be a Square Dance Caller in the past.

If interested, talk to Heidi at the Village office!



March Word Search



F

Fruits

Q	P	M	O	U	U	E	P	E	A	R	R	R	H
C	Y	U	R	P	N	A	O	E	G	R	A	P	E
U	B	B	A	T	O	N	O	H	Y	O	C	P	A
E	O	A	N	O	L	L	E	C	O	P	L	U	M
R	C	N	G	L	E	E	V	Y	T	M	A	A	O
P	V	A	E	E	M	M	L	L	M	E	N	U	G
R	A	N	A	M	P	O	T	O	M	A	T	O	C
E	A	A	G	O	M	N	C	Y	M	A	N	G	O
L	A	N	P	P	A	E	T	A	D	L	T	O	A
P	S	T	R	A	W	B	E	R	R	Y	E	R	E
P	R	A	C	Y	B	C	H	E	R	R	Y	M	M
A	U	M	A	A	T	A	U	Q	M	U	K	O	I
A	E	T	A	N	A	R	G	E	M	O	P	R	L
A	V	A	U	G	S	T	U	N	O	C	O	C	E

KUMQUAT
 LEMON
 LIME
 DATE
 LYCHEE
 BANANA
 MANGO
 TOMATO
 POMELO
 MELON
 PLUM
 STRAWBERRY
 GUAVA
 PEAR
 APPLE
 POMEGRANATE
 GRAPE
 CHERRY
 COCONUT
 ORANGE

